

My Shabbat Preparations

<i>Friday dinner</i>		<i>To Do ahead</i>	<i>Shopping</i>
<i>Breakfast</i>	<i>Lunch</i>		
<i>Dinner</i>	<i>Snacks</i>		

<i>Prep day checklist</i>	<i>Activity ideas</i>
	<i>Teachings or study topics</i>